

# BABY'S FIRST ROAD TRIP

## *pre-departure checklist & packing list*

Use this list to organize yourself for taking your first trip with a young infant. Some of the packing list is organized by bag, and general categories are left blank so you can fill in items unique to you. Read more at:

[dailymom.com/discover/babys-first-road-trip/](http://dailymom.com/discover/babys-first-road-trip/)

### READYING THE HOUSE & CAR

- Put hold on mail
- Take car for a tune-up or:
  - Change oil and oil filter
  - Top-off anti-freeze/coolant
  - Top-off windshield wiper fluid
  - Check air pressure in tires
  - Update GPS
- Water plants
- Make arrangements for pets
- Charge all gadgets
- Freeze icepacks if transporting breast milk
- Put inside/outside lights on a timer
- Close blinds and curtains
- Turn down heat/AC
- Fill up gas tank
- Install car seat mirror securely
- Install sun shades on windows for baby
- Secure loose items that could be dangerous in a crash
- Check car seat for fit and tightness
- Map out route and stops for feeding baby
- Check weather forecast

### IN THE CAR

#### MOM'S PURSE

- Driver's license/ID
- Credit cards
- Sunglasses

Read more at: [dailymom.com/discover/babys-first-road-trip/](http://dailymom.com/discover/babys-first-road-trip/)

- Lip balm
- Feminine hygiene products
- Phone
- Tablet or other gadgets
- Hand sanitizer

#### DAD'S STUFF

- Driver's license/ID
- Credit cards
- Auto insurance documentation
- Auto club membership card
- Sunglasses
- Cash/change for tollbooths
- \$100 in cash for emergencies
- Phone
- Tablet or other gadgets

#### DIAPER BAG

- Diapers +extra
- Wipes +extra
- Changing pad
- Diaper cream
- Changing pad
- Diaper sacks or plastic produce bags

#### CAR BAG FOR BABY

- Pacifier
- Teethers
- Car seat cover or blanket
- Travel pillow or rolled up burp cloths
- Plush, lightweight toys safe to hang on the carrier
- White noise or music CDs
- Thermometer
- Baby Tylenol
- Nasal aspirator
- Extra outfit or two

#### FOOD & SNACKS FOR THE CAR

- Bottled water
- Snacks

Read more at: [dailymom.com/discover/babys-first-road-trip/](http://dailymom.com/discover/babys-first-road-trip/)

- Bottles of pre-measured formula ready to mix
- Nursery water for mixing formula
- Coolers & icepacks for storing breast milk or leftover formula
- Breast pump +car adapter

MISCELLANEOUS CAR BAG

- Wet wipes
- Paper towels
- Wet bag or extra plastic bags for diapers, used bottles, etc.
- Pillow and blanket for passengers

IN THE TRUNK

BABY GEAR

- Stroller
- Portable crib +sheets
- Structured baby carrier or baby wrap/sling
- Baby monitor +charger or batteries
- Nightlight

BABY’S LUGGAGE

CLOTHES

- |                                |                                |                                |
|--------------------------------|--------------------------------|--------------------------------|
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TOILETRIES & MEDICATION

- |                                |                                |                                |
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OTHER

- |                                |                                |                                |
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## MOM'S LUGGAGE

### CLOTHES

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<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
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### TOILETRIES, MAKEUP, MEDICATION

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
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### OTHER

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
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## DAD'S LUGGAGE

### CLOTHES

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
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### TOILETRIES, MAKEUP, MEDICATION

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
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### OTHER

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<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

## MISCELLANEOUS/OTHER

- Cameras +chargers
- Sterilizing bags for bottles
- Holiday gifts
- Holiday dishes or host/hostess gifts

## FOR EMERGENCIES

- Emergency car kit, see  
[dailymom.com/travel/packing-a-72-hour-emergency-bag-for-your-family/](http://dailymom.com/travel/packing-a-72-hour-emergency-bag-for-your-family/)
- First-aid kit, see  
[dailymom.com/nurture/mommys-first-aid-kit-essentials/](http://dailymom.com/nurture/mommys-first-aid-kit-essentials/)
- Jumper cables
- Spare tire +serrated wheel lock bolt key, tire jack