

30-Day Declutter Calendar

Organize your home, one step at a time

DAILY
MOM

BY DAILYMOM.COM

Ready to transform your home in just 30 days? This decluttering challenge breaks down the task into manageable daily steps, helping you create a tidy and organized living space. Follow this plan, and you'll be amazed at the difference!

Decluttering Calendar

Week 1: Entryway & Living Room

- Day 1: Entryway surfaces
- Day 2: Entryway closet
- Day 3: Living room coffee table
- Day 4: Living room shelves
- Day 5: Living room drawers
- Day 6: Living room décor
- Day 7: Living room floors

Tips:

- Start small to avoid feeling overwhelmed.
- Set a timer for 15-30 minutes each day.
- Have boxes ready for items to donate, sell, or discard.
- Ask yourself: "Have I used this in the past year? Do I love it?"
- Enlist a friend or family member for support.

Week 2: Kitchen

- Day 8: Kitchen countertops
- Day 9: Kitchen utensils
- Day 10: Kitchen pantry
- Day 11: Refrigerator and freezer
- Day 12: Kitchen cabinets (dishes)
- Day 13: Kitchen cabinets (pots & pans)
- Day 14: Kitchen appliances

Steps:

1. **Assess:** Take everything out of the space.
2. **Sort:** Group similar items together.
3. **Purge:** Get rid of duplicates, broken items, and things you don't need.
4. **Organize:** Put remaining items back in an organized manner.
5. **Maintain:** Regularly tidy up to prevent clutter from building up again.

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Week 3: Bedrooms

- Day 15: Bedroom dresser
- Day 16: Bedroom closet (clothes)
- Day 17: Bedroom closet (shoes)
- Day 18: Nightstands
- Day 19: Under the bed
- Day 20: Books and magazines
- Day 21: Bedroom décor

Donation Guidelines:

- Clean and gently used clothing is usually accepted.
- Check with local charities for specific needs.
- Consider donating to shelters or organizations that support specific causes.
- Broken or stained items are generally not accepted.

Week 4: Bathrooms & Miscellaneous

- Day 22: Bathroom cabinets
- Day 23: Bathroom drawers
- Day 24: Medicine cabinet
- Day 25: Laundry area
- Day 26: Home office/desk
- Day 27: Junk drawer(s)
- Day 28: Digital clutter (files, emails)
- Day 29: Car
- Day 30: Review and final touches

Selling Options:

- Online marketplaces (e.g., eBay, Facebook Marketplace).
- Consignment shops.
- Garage sales or yard sales.
- Consider the time investment versus potential profit.

Next Steps

Congratulations on completing the 30-day declutter challenge! To maintain your clutter-free home, make decluttering a regular habit. Schedule quick tidying sessions each week to prevent clutter from accumulating again. Enjoy your organized and peaceful living space!